

# Kaiser Rehabilitation Outpatient Therapy Services

The staff and management of Kaiser Rehabilitation Services at Hillcrest Medical Center understand the importance of individualized, personal therapy and are dedicated to providing the highest quality of care to our patients.

Physical, occupational and speech therapy services at Kaiser Rehabilitation are provided only by licensed therapists and assistants. A physician referral is required for us to evaluate your condition and formulate a personalized care plan to help you achieve your goals to improve mobility, strength, range of motion, balance and coordination.



## **TYPICAL CONDITIONS TREATED THROUGH OUTPATIENT THERAPY INCLUDE:**

- Injury of the neck, shoulder, back, hip, knee, ankle or foot
- Joint replacement
- Strokes
- Traumatic brain injury
- Amputations
- Arthritis
- Balance problems/vertigo
- Post-surgical conditions
- Fibromyalgia
- Bowel and bladder incontinence
- Injury of the muscle, tendon or ligament
- Weakness

## **TYPES OF OUTPATIENT THERAPY INCLUDE BUT ARE NOT LIMITED TO:**

- Occupational therapy
- Speech therapy
- Manual therapy
- Myofascial techniques and soft tissue manipulation
- Neurological rehabilitation
- Orthopedic rehabilitation
- Sports medicine
- Women's health – pelvic floor rehabilitation
- Functional capacity evaluation
- Dry needling
- Lymphedema

 **Kaiser Rehabilitation**  
@ H I L L C R E S T

**OUTPATIENT SERVICES ARE LOCATED AT:**  
1120 S. Utica Ave.  
Tulsa, OK 74120  
3rd floor, in the Women's Health Center  
**Admissions Office: 918.579.7100**